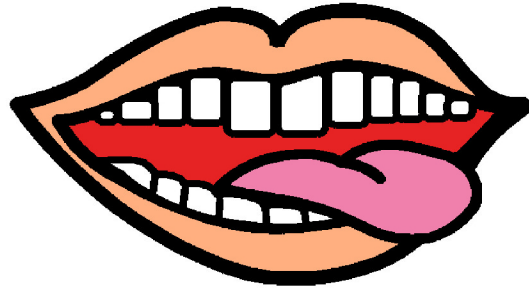


Station 5 - TASTE



DIRECTIONS:

- 1) Sit at the table and wait for instructions.
- 2) Suck on a piece of sour candy for 15 seconds.
- 3) On a scale of 1 to 5 (5 means "you had to spit it out," and 1 means "you liked the taste"), rate yourself on how sensitive you were to the taste of the candy.

Discussion at Station 5



Station 5: TASTE

"Some people with autism feel their senses very, very strongly, so that all the information they are getting from their senses can become very distracting."

Some children with autism have trouble with their sense of taste. They may avoid certain foods because they taste "odd" or different to them. Foods may be too salty, too sour, too crunchy, or too mushy. Every child tastes things differently, just like you do.

Can anyone think of other foods that might taste "odd" or funny to someone?

ex: broccoli, spinach, taffy, etc...