

# WOLF/WEBELOS ABILITIES AWARENESS ADVENTURES



## Wolf Elective Adventure: Cubs Who Care

1. With the members of your den, visit with a person who has a physical disability.
2. Do four of the following:
  - a. With other members of your den, try using a wheelchair or crutches, and reflect on the process.
  - b. Learn about a sport that has been adapted so that people in wheelchairs or with some other physical disability can play, and tell your den about it.
  - c. Learn about “invisible” disabilities. Take part in an activity that helps develop an understanding of invisible disabilities.
  - d. With your den, try doing three of the following things while wearing gloves or mittens:
    - i. Tying your shoes
    - ii. Using a fork to pick up food
    - iii. Playing a card game
    - iv. Playing a video game
    - v. Playing checkers or another board game
    - vi. Blowing bubbles
  - e. Paint a picture two different ways: Paint it once the way you usually would paint it and then again by using a blindfold. Discuss with your den the ways the process was different.
  - f. Demonstrate a simple sentence or at least four points of the Scout Law using American Sign Language.
  - g. Learn about someone famous who has or had a disability, and share that person’s story with your den.
  - h. Attend an event where people with disabilities are participants or where accommodations for people with disabilities are made a part of the event.



## **Webelos/AOL Elective Adventure: Aware and Care**

Do all of these:

1. Develop an awareness of the challenges of the blind through participation in an activity that simulates blindness.
2. Participate in an activity that simulates severe visual impairment, but not blindness.
3. Participate in an activity that simulates the challenges of being deaf or hard of hearing.
4. Engage in an activity that simulates mobility impairment.
5. Take part in an activity that simulates dexterity impairment.
6. With your den, participate in an activity that focuses on the acceptance of differences in general.
7. Do two of the following:
  - a. Do a Good Turn for residents at a skilled nursing facility or retirement community.
  - b. Invite an individual with a disability to visit your den, and discuss what activities he or she currently finds challenging or found challenging in the past.
  - c. Attend a disabilities event such as a Special Olympics competition, an adaptive sports event, a performance with sign language interpretation, or an activity with service dogs. Tell your den what you thought about the experience.
  - d. Talk to someone who works with people who have disabilities. Ask what that person does and how he or she helps people with disabilities.
  - e. Using American Sign Language, sign the Scout Oath.
  - f. With the help of an adult, contact a service dog organization, and learn the entire process from pup training to assignment to a client.
  - g. Participate in a service project that focuses on a specific disability.
  - h. Participate in an activity with an organization whose members are disabled